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IMPORTANT DATES TO REMEMBER for WINTER SPORTS

MARK YOUR CALENDAR!

All medical forms due by November 12th, all forms must be original copies. No photo copies, fax, or emails accepted.

Suggestion: Review the physical and health history forms prior to leaving Dr. Office, below are fields that are often missed. Every athlete is required to submit the Health History Forms each season, even if you have a physical on file.

Physicals Forms

*Name on top of every page of form

*Date of exam

*Vision (in examination block)

*Blood pressure checked (in examination block) *Office Stamp *Dr. Signature (especially for the Cardiac Module)

***Health History Forms**, (2) make sure completed in full and signatures for student and parent.

Anyone that has a physical scheduled after November 12th, please contact the Athletic office:

sesposito@monroetwp.k12.nj.us

WHS & WMS TEAM INFORMATION MEETINGS

Mandatory Meeting Dates / REMIND CODE -Text 81010, enter code for team. This is how you will receive information about practices, games and other team requirements.

SPORT	TIME	DATE	Remind Code
WHS BASKETBALL - Boys	2:30 p.m.	Monday, October 25 th	REMIND - @bravehoops
WHS BASKETBALL - Girls	7:00 p.m. (Virtual)	Thursday, October 21 st	REMIND - @ahfb7
WHS INDOOR TRACK – Boys/Girls	7:00 p.m. (Virtual)	Wednesday, October 21 st	REMIND – @20winter20
WHS SWIMMING - Boys/Girls	2:30 p.m.	Friday, October 1 st	REMIND - @braveswim2
WHS WINTER CHEERLEADING	6:00 p.m. (Virtual)	Monday, October 25 th	REMIND - @20winterch
WHS WRESTLING	2:30 p.m.	Thursday, October 22 nd	REMIND - @jjernegan

WMS Basketball – Boys	3:30 p.m. (Virtual)	Thursday, October 28 th	REMIND - @wms1363
WMS Basketball – Girls	3:00 p.m.	Thursday, October 21 st	REMIND - @willgball
WMS Winter Cheerleading	6:00 p.m. (Virtual)	Tuesday, October 26 th	REMIND- @wcheer2021
WMS Wrestling	3:00 p.m.	Monday, October 4 th	REMIND - @WMSWRE

WHS & WMS MANDATORY WINTER Practices Begin (Must be registered & cleared to participate)

November 8th, 2021 Boys’/Girls’ Swimming

(Swimmers Only - ALL required Medical Paperwork/ImPACT Test due by November 1st)

November 22, 2021 Boys’ Basketball

Girls’ Basketball

Wrestling

Winter Cheerleading

November 29, 2021 Winter Track

IMPACT DATES for WHS/WMS Winter Sports ONLY

Will be completed virtually – link will be sent via email, must be completed by November 5th.

SAVE THE DATE

WILLIAMSTOWN HIGH SCHOOL FALL SPORTS AWARDS NIGHT ~ TBD

All dates subject to change